Community Rehabilitation continued

Hybrid/virtual delivery may be considered to support rehabilitation for children outside of the South East of England.

There is evidence that neurorehabilitation is most effectively delivered by a coordinated team of professionals from the relevant disciplines. Where clinically appropriate, the Community Rehabilitation Team will take an interdisciplinary approach. This means the team works together in a co-ordinated way towards an agreed set of goals to assist the child to reintegrate into school, achieve their desired level of independence and enable their participation in chosen activities and ultimately in society. Some other aspects of service delivery may require a different approach one discipline.

Core specialisms offered include:

- Speech & Language therapy
- Physiotherapy
- Occupational therapy

community services where possible and is subject to funding. Intervention can be provided at any stage in a child's rehabilitation journey post the acute phase, including support to children who are many years post injury.

Our Community Rehabilitation Service supports children and young people who:

- have a confirmed or suspected diagnosis of an acquired brain injury, either recently or some vears ago
- are medically stable
- are 18 years and under at the time of referral
- are registered with a UK GP.

Funding is typically secured via the child's Integrated Care Board, and our dedicated Commissioning Team will work with funders on behalf of the referrer/family. Self-pay and private funding are also accepted.

Get in touch

For further information or to make a referral please contact us on 01737 365 080.

thechildrenstrust.org.uk/community



neurorehabilitation delivered in the child's environment.



3 01737 365 000

thechildrenstrust.org.uk/community

★ tctcommunity@thechildrenstrust.org.uk







The Children's Trust is the UK's leading charity for children with brain injury and neurodisability. We deliver rehabilitation, education and community services through skilled teams who work with children and young people, and their families.

Our Community Rehabilitation
Service offers online information
and resources, as well as support
to children, young people, and
families through a nationwide
virtual acquired brain injury team.
In addition, the team offers an
intensive, hands-on therapy service
to children and young people living
in the South-East of England,
alongside virtual hybrid packages
of support for those further afield.

The Community Rehabilitation Service provides a range of support across a tiered model, with increasing levels of intervention based on the level of need and identified goals.

Digital Information: Bumps Happen

Bumps Happen offers information and advice to support a child's recovery and return to activity following a concussion. The aim is to ensure that families can access information in a timely manner.

Bumps Happen is split into 8 different information modules. Each of these deliver information at different stages of the recovery journey, covering advice in the immediate aftermath of a head injury, through to the days and weeks that follow.

The website is designed to be self-service, meaning users should be able to get the information they require without needing to interact with a clinician. The site also has a dedicated chat bot feature. Curated by a fictional head injury specialist, Zoe, she guides users to the information they require via a series of simple multiple-choice questions. If users still feel they need to speak with a member of our team, they can submit a short contact form.

Visit **bumps-happen.co.uk** further information and support.



Virtual ABI Team

The Children's Trust's Virtual ABI Team provide a free, goal-directed digital rehabilitation support service for children, young people and families living with acquired brain injury across the UK.

Referrals are accepted from parents, families, and professionals. Support offered is directed by clinical need; families will be invited to join a virtual goal setting meeting where a plan is established to set meaningful participation-based goals. Specific advice, signposting and consultation can also be provided by one of our clinicians.

The service model promotes and encourages self-management of needs in the long-term, however it is anticipated families may need a number of intervention periods in the years that follow their child's initial injury, due to the lifelong developing nature of acquired brain injury.

The team offer coaching and guidance to young people, their families, and others in their network to help them work towards their goals. It is recognised that some goals may be long-term in nature and the team will therefore aim to identify short term goals that can be addressed within the service offer.

The ABI clinicians also offer a long-term register which provides support and follow-up to children with acquired brain injury at key educational transition points, in view of the possibility of emerging needs as a child gets older, and the changing expectations of school stages.

Support is offered when a child enters reception age, secondary and post 16 education. The service will work flexibly to support families to access a virtual service if digital support is required.

For further information or to make a referral, the Virtual ABI Team can be contacted on **tctcommunity@thechildrenstrust.org.uk**



Community Rehabilitation

The Children's Trust Community Rehabilitation Team covers the South-East of England providing specialist assessment and goal-directed intensive rehabilitation for children and young people living with acquired brain injury or neurodisability.

Rehabilitation is functional and context-based to address areas impacted by the child's brain injury, including but not limited to:

- mobility
- self-care
- cognition
- communication
- emotional wellbeing
- return to education
- leisure activities, hobbies, and family life
- friendships.

Intervention is holistic and focused on activities that are relevant and meaningful to the child, and delivered in the most appropriate setting which may include the child's home, in school or in the community.

Outpatient therapy at The Children's Trust is also available, enabling access to on-site facilities such as aquatic therapy and robotics. Specialist assessment is available when there is a gap in local provision; outcomes of the assessment will support the child's ongoing rehabilitation and participation in activities within their own environments.