

# Framework for meaningful participation in inclusive sport for children and young people (CYP) with neurodisability

Emer O'Reilly<sup>1</sup>, Melanie Burrough<sup>2</sup> & Ciara Knox<sup>2</sup>

 [mburrough@thechildrenstrust.org.uk](mailto:mburrough@thechildrenstrust.org.uk)

 @MBurrough

## Background

- CYP with complex neurodisability often experience restrictions to participate in sports.
- Inclusive sports are often targeted to individuals with less complex disabilities.
- Participation opportunities do not always create meaningful experiences for CYP with complex neurodisability.

## Results

- Framework provided concrete guidance for the MDT to ensure participation in sports was meaningful.
- SCORE enabled practitioners to integrate inclusive sports within the 24-hour curriculum.
- MDT reflected on implementation strategies for practice including task repetition, modification, processing time, preparation, physical accessibility, social interaction and competition.

**SCORE framework:** creates individual participation profiles encompassing 5 key domains.

<b>S</b>	<b>Setting:</b> environmental modifications.
<b>C</b>	<b>Content:</b> task adaptation and multisensory requirements.
<b>O</b>	<b>Orientation:</b> preparation for engagement.
<b>R</b>	<b>Repetition:</b> cognitive/ communication strategies for task comprehension and execution.
<b>E</b>	<b>Engagement:</b> active participation.

## Conclusions

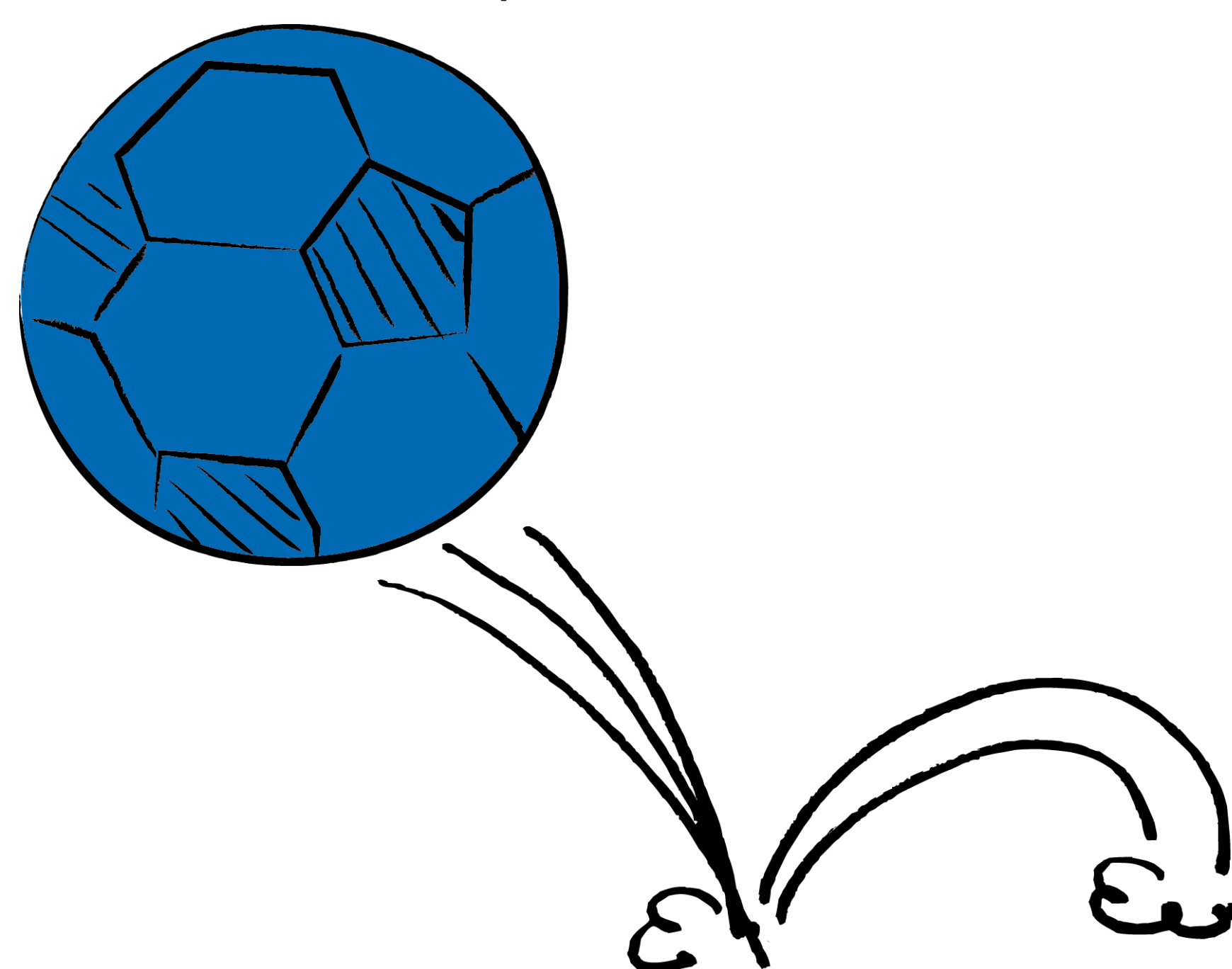
- Findings promote implementation principles when introducing an innovative framework to embed inclusive sports in a physical education curriculum.
- MDT working increases opportunities for CYP with complex neurodisability to participate meaningfully in sports.

## Aim

To develop a framework that supports meaningful participation in inclusive sport as part of a physical education curriculum within a specialist school

## Methods

- The project was carried out in 3 stages by a multidisciplinary team (MDT) of physiotherapy, occupational therapy, speech and language therapy, teachers and an inclusive sports coach.
  1. Initial design and implementation of an inclusive sports programme.
  2. After 2 academic terms of implementation, feedback was collated and a SCORE framework was designed to provide structure to sports programming and help integrate it into a physical education curriculum.
  3. Over 1 term, training was carried out and participation profiles completed by the MDT with class for implementation.



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<sup>1</sup> The Royal Free Hospital, London

<sup>2</sup> The Children's Trust, Tadworth

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