

My key worker

A guide for children and
young people



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What is a key worker?

A key worker is a person who keeps in regular contact with you and your family throughout your stay at The Children's Trust. Your key worker is:

- someone who you can ask questions to or talk about your concerns with;
- someone who talks with other health and care professionals who are supporting you;
- someone who will work with you and your family to write care plans and contribute your thoughts to reports and meetings.

Who is my key worker?

- Every child / young person at The Children's Trust has a key worker and co-key worker.
- Key workers are nurses or child support assistants who work on the 'house' where you are staying.
- You will be told who your key workers are on the day you arrive at The Children's Trust.

How do I get involved?

- Your key worker or co-key worker will meet with you within the first couple of weeks of arrival at The Children's Trust.
- They will discuss how often to meet with you and your family and make a plan of how best to support you.

What can I do if I need further information?

- If you'd like further information on the key worker role or any of the information included in this guide, please speak to any of the healthcare professionals working with you.

