

Sensology: 8 Elements of Nature

<u>Element</u>	<u>Prop and action</u>	<u>Music</u>
Fire	Candle flicker lights Action: Hold light in field of vision. Move light slowly to encourage tracking	Jerry Lee Lewis – Great Balls of Fire
Water	Water bowls (or wet flannel) Action: Run or drip water over hands or feet (dry hands after song!)	New Hope Club - Water
Earth	Sand in deep trays Action: Encourage hand movement in sand, pour sand over hands	Hans Zimmer - Earth
Air	Fans	Shaun Mendes – Air
Nature	Smell flowers / leaves	Michael Jackson – Human Nature
Ice	Plastic ice cubes	Vanilla Ice – Ice Ice baby
Light	Torches/lights	Mandy Moore, Zachary Levi – I see the Light
Darkness	Massage creams in total darkness	Avicii – Fade into darkness