

MUSIC AND MOVEMENT 2

Cue song – Jonas Brothers – Sucker.

Song	Body part	Action
Greatest Day – Take That	Head	Light tapping all over head and face
Giant – Calvin Harris	Arms	Stroking and deep pressure to arms
I Wanna Be Like You – Robbie Williams	Hands	Hold hands and stroke down each finger and thumb
Sing – Ed Sheeran	Body	Finger tapping on shoulders/back/sides slow & fast
Party in the USA – Miley Cyrus	Legs	Fast tapping with whole hand
I Gotta Feeling – Black Eyed Peas	Feet	Squeeze & release. Passively move feet if possible
I Bet You Look Good on the Dancefloor – Arctic Monkeys	Dance	Move chairs if possible or hold hands and dance
Love Story – Taylor Swift	Finish	Look and track lights.

Please note – you can use any of your favourite music – this is just a guide. Keep the session upbeat and lively. Most importantly.....

Have fun!!!