

Functional electrical stimulation in upper limb rehabilitation for children with acquired brain injuries: A single case experimental design



Gemma Kelly & Jackie Shanley, UK

Background

- Children with acquired brain injuries (ABI) may present with upper limb (UL) impairments affecting their ability to participate in daily living activities (Komar et al. 2016).
- Evidence supports use of functional electrical stimulation (FES) to improve UL outcomes in adults following stroke (Farmer et al. 2014), and children with cerebral palsy (Bosques et al. 2016).
- There has been limited research exploring use of FES in children with ABI (Kapedia et al. 2014).

Method

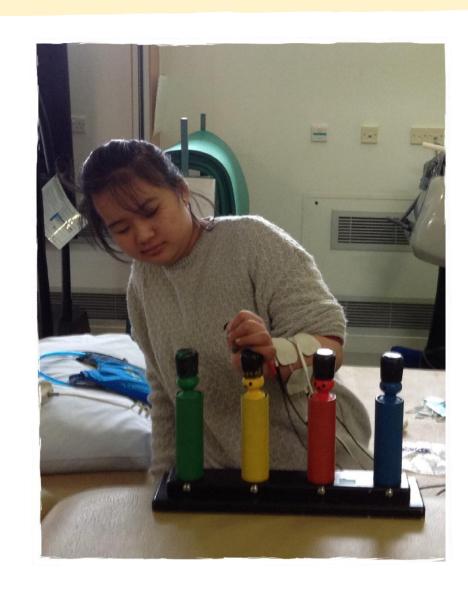
- An 11 year old girl, 7 months post severe right mid cerebral artery infarct undergoing residential rehabilitation.
- She presented with a severe left sided hemiplegia, MACS level V equivalent with gross volitional movement in shoulder, elbow and wrist.
- Ethical approval and informed consent gained.
- Single case experimental design: ABAB design
 - **A** (non-intervention) phases: standard rehabilitation.
 - **B** (intervention): standard rehabilitation plus 30 minutes of grasp and release FES (stimulation of wrist and finger extensors, and thumb abductors) with task training daily.
- Each phase lasted 4 weeks.
- Twice weekly measures of Melbourne Unilateral Upper Limb Assessment 2 (MA2), Goal Attainment Scale (GAS), and active wrist extension were carried out.
- Visual analysis of level, slope and gradient of data and statistical analysis using two standard deviation band method were completed.

Results

- FES improved gross range and accuracy of movement measured by MA2 and achievement of GAS goals (figure's 1 & 2).
- FES did not change wrist extension, or dexterity and movement fluency scores on MA2.

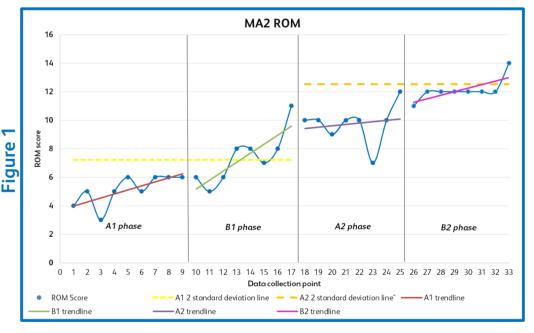
Aim

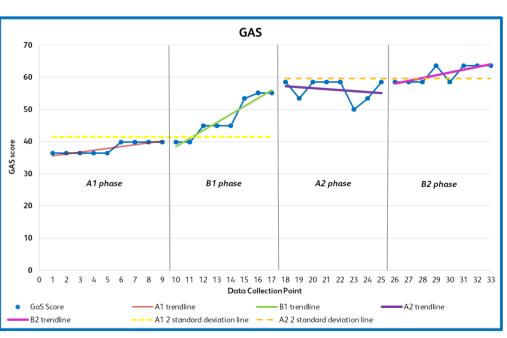
Investigate the use of UL FES in a child with severe hemiplegia following an ABI.



Impact for Children FES with task training may be a useful technique to help children with ABI who have severe hemiplegia gain gross movement patterns and improve

function.





Conclusion

- FES with task training improved the gross motor activity of a child with a severe hemiplegia following ABI. This is consistent with existing evidence for other neurological conditions.
- It did not change active wrist extension despite the stimulation targeting these muscles.

References

- Bosques, G., Martin, R., McGee, L., & Sadowsky, C. (2016). 'Does Therapeutic Electrical Stimulation Improve Function in Children with Disabilities? A Comprehensive Literature Review'. Journal of Pediatric Rehabilitation Medicine, 9(2), 83-99.
- Farmer, S. E., Durairaj, V., Swain, I., & Pandyan, A. D. (2014). 'Assistive Technologies: Can they Contribute to Rehabilitation of the Upper Limb After Stroke?'. Archives of Physical Medicine and Rehabilitation, 95(5), 968-985.
- Kapadia, N., Nagai, M., Zivanovic, V., Bernstein, J., Woodhouse, J., Rumney, P., & Popovic, M. (2014). 'Functional Electrical Stimulation Therapy for Recovery of Reaching and Grasping in Severe Chronic Pediatric Stroke Patients'. Journal of Child Neurology, 29(4), 493-499.
- Komar, A., Ashley, K., Hanna, K., Lavallee, J., Woodhouse, J., Bernstein, J., Andres, M., & Reed, N. (2016). Retrospective Analysis of an Ongoing Group-Based Modified Constraint-Induced Movement Therapy Program for Children with Acquired Brain Injury. *Physical and Occupational Therapy in Pediatrics*, 36(2): 186-203.



gkelly@thechildrenstrust.org.uk

