

Ideas for alternative Sensory Story resources at home

We understand that some of the Sensory Stories we will be sending you use some weird and wonderful resources!!

So, below there is a few ideas of alternative items you can use.

Remember, with Sensory Stories you can't get it wrong. Making your own resources is all part of the fun, so....get creative!!

Sensory story resource	Home alternative
Any furry animal	Soft toys
Fur or material	Clothes/jumpers
Wood	Sticks from the garden
Water spray	Cold water dripping from fingers
Feathers	Soft fluffy jumper
Tissue paper	Screwed up paper
Drums	Saucepans
Fan/wind	Paper to waft
Parachute	Duvet cover or sheet
Rainmaker	Dry rice in an empty plastic bottle
Torch	Light on your mobile
Chimes	Keys
Sound effects - any	If you don't have switches at home for these, YouTube is a great source for sound effects